

UNEMPLOYMENT INSURANCE

Links from the New York State Department of Labor

[How to File a Claim for Unemployment Insurance](#)

Note: Any claim you file will be backdated to the date you became unemployed. If you are eligible, you will be paid for all benefits due.

[Frequently Asked Questions about Unemployment Insurance during the Coronavirus Emergency](#)

[What you need to know and do about the CARES Act](#)

The federal CARES Act was signed into law March 27, 2020. The Act provides enhanced Unemployment Insurance (UI) benefits and Pandemic Unemployment Assistance (PUA) for New Yorkers.

[Information about Pandemic Unemployment Insurance](#)

Pandemic Unemployment Assistance (PUA) provides payment to workers not traditionally eligible for unemployment benefits (self-employed, independent contractors, workers with limited work history, and others) who are unable to work as a direct result of the coronavirus public health emergency.